



The EIRT BOOK of REGULATIONS FOR RT FACULTY TRAINING

I. GENERAL PROVISIONS

Article 1

The EIRT Book of Regulations for RT faculty training (further: The Book of Regulations) is based on The European institute for reality therapy (EIRT) statute. It is adjusted to The EIRT Book of Regulations of training standards, to the EART training standards, The William Glasser Institute (WGI) standards and to The EIRT Book of Regulations about organization and activities of The EIRT Faculty Board.

Article 2

The Book of Regulations is a document that defines educational standards, conditions and ways for RT faculty training in the RT training phase I and phase II.

Article 3

The RT faculty training is organized in two phases. It follows the demands of phase I which is based on WGI and EART training standards, while phase II is based on training standards defined by The EIRT Faculty Board.

Article 4

The RT faculty training is meant for those individuals, who want to gain the title practicum supervisor or instructor, both defined by WGI, and in continuation for those who want to gain the titles master teacher, clinical practice supervisor, trainer or therapist for personal experience as defined by EIRT.

II. ENTRY REQUIREMENTS

Article 5

The candidates for The Faculty Programme start their training after they have completed their university education. First they follow the reality therapy training programme defined by the EIRT Book of Regulations of the Faculty training programme standards and criteria.

Article 6

The conditions to enter The Faculty training programme imparted by WGI and EIRT for phase I (practicum supervisor, basic instructor, senior instructor) are:

1. Completed RT training phase I (RTC)
2. Completed at least one year of workshops of phase II
3. Recommendations of at least two training teachers of phases I and II.
4. Current counselling/ leading practice

Article 7

The conditions to enter The Faculty training programme in phase II (master teacher, clinical practice supervisor, and therapist for personal experience imparted by EIRT) are:

1. Completed RTP training and accredited RTP
2. Accredited WGI faculty
3. Current psychotherapy practice.

III. ORGANISATION, CONTENTS AND TRAINING COURSE

Article 8

The RT faculty training programme lasts at least three years. Only candidates who fulfil the conditions defined by this Book of Regulations can enter the training programme.

Article 9

A candidate submits his/her written reports to The Faculty Board. The report consists of:

- a) Written self-evaluation in which he/she presents his/her professional development, motivation to be a choice theory and reality therapy trainer, and

personal potential he/she would be able to employ by taking over responsibilities as a trainer

- b) Written recommendations of two teachers from phases I and II
- c) Verification that serves as proof of the current counselling/leading practice or psychotherapy practice.

The candidate is invited to the EIRT Faculty board meeting, where he/she presents himself personally and where after completed cooperative self-evaluation accepts the programme of further training.

Article 10

The RT faculty training programme is lead by the members of the EIRT Faculty board – mentors, chosen by the candidate.

Article 11

The RT faculty training programme of Phase I includes:

- a) Completed Workshops of phase II
- b) Active attendance - internship at practica (BP,AP)
- c) Active attendance - internship at intensive trainings (BIT, AIT, CER)
- d) Training for faculty
- e) Attendance at professional meetings and The EIRT Faculty Board meetings
- f) Endorsement

Article 12

Candidates attend basic and advanced practica as well as all intensive training workshops including certification from the Phase I during their Faculty training. They take on the role of a supervisor-intern under the professional mentor's accompaniment (supervision). Candidates practice the roles and tasks of the practicum supervisor. The programme includes also two-days training for faculty, regional meetings, the EIRT Faculty board meetings and other professional meetings and RT conferences.

Article 13

After completion of the programme based on the mentors' recommendations, the candidate attends endorsement where he/she demonstrates the competencies required to become WGI supervisor. Training to become the WGI supervisor includes minimum of 1.127 hours without prerequisite formal education and enables a candidate to become a trainer in the Phase I of RT training. Practice in training enables WGI supervisor to become a candidate for WGI instructor. (The structure of training with all corresponding hours can be found in Appendix 1 to this Book of Regulations).

Article 14

Candidates, who complete the RT psychotherapy training programme and have the current psychotherapy practice, can enter the EIRT Faculty programme Phase II to become: master teacher, clinical practice supervisor, or therapist for personal experience imparted by EIRT, and can teach in 'The RT psychotherapy training'. (The structure to gain the title RTP and all corresponding hours can be found in Appendix 3 to this Book of Regulations).

Article 15

The EIRT Faculty programme for the phase II includes:

1. Active attendance - internship at practica (PTP III./IV.)
2. Active attendance - internship at workshops (PTW III./IV.)
3. Attendance at Psychotherapists' competences demonstration
4. Attendance of training for Faculty
5. Participation at professional meetings and the Faculty board meetings and retreats
6. Endorsement

Article 16

During the training in the Phase II the candidates are engaged with the roles and tasks as supervisors under the mentor's professional supervision. The training programme includes also attendance at intensive Post-certificate (PCP) seminars, at psychotherapists' competence demonstration, as well as at a two-day faculty training seminar, at regional meetings, at the Faculty board meetings and other professional meetings and RT conferences. (The structure of training and all corresponding hours can be found in Appendix 2 to this Book of Regulations).

Article 17

After completion of the training based on the mentors' recommendations, the candidate attends the endorsement where he/she demonstrates the competences to gain the title he/she applied for. The Faculty training programme Phase II requires minimum of 2.397 hours of training.

IV. CONTINUAL PROFESSIONAL DEVELOPMENT OF THE RT FACULTY

Article 18

The quality of training requires the permanent professional RT development which is the basis for the RT faculty re-accreditation, provided by The EIRT Professional Council.

Article 19

The RT faculty is obliged to dedicate 50 hours a year on average or at least 250 hours last 5 years before re-accreditation.

Article 20

The permanent professional development can be obtained in the following ways:

- a) Additional CT/RT training (seminars, workshops, lectures)
- b) Supervision, peer supervision, and regional meetings
- c) Participating in RT conferences / RT faculty professional meetings
- d) Collaboration in RT, EIRT, EART association activities (bodies, actives, working groups, and similar)
- e) Participating in special trainings for RT Faculty
- f) Personal practice/experience in training CT/RT

V. TRANSITIONAL AND CONCLUDING PROVISIONS

Article 21

RT Faculty training programme is adjusted according to these Regulations on the day The Book of Regulation is accepted.

Article 22

This Book of Regulations is kept in the EIRT general documents evidence.

Article 23

These regulations were adopted on the basis of EIRT director's proposal and apply after being published on the EIRT website.

The EIRT Council President
Barbara Krnc

Kranj, December 18th 2009

OUTLINE OF THE TRAINING LEADING TO SUPERVISOR WGI

a) Completed Phase I of Reality Therapy Training

Organised training

Basic Intensive Training	4 days –	30 hours	
Basic Practicum	8 practicum sessions –	60 hours	
Advanced Intensive Training	4 days –	30 hours	
Advanced Practicum	8 practicum sessions –	60 hours	210 hours
Certification Process (RTC)	4 days –	30 hours	

Required Additional Activities

Written examples – 6 at BP (3h / 1example)		18 hours	
Written examples – 6 at AP (5 hours / 1 example)		30 hours	
Analysing literature and preparing the presentations		150 hours	
Peer (supervision) review (16 hours yearly / 2 year)		32 hours	298 hours
Individual sessions with supervisor (9 hours yearly / 2 year)		18 hours	
Other personal experiences: (journal, portfolio, plan of personal development)		50 hours	

Practice of counselling 180 hours

b) Completed workshops in Phase II

III. year of training			
Workshop: CT/RT and psychological problems I.	4 days –	30hours	
Workshop: CT/RT and psychological problems II.	4 days –	30hours	
IV. year of training 120 hours			
Workshop: CT/RT and working with group I.	4 days –	30hours	
Workshop: CT/RT and group psychotherapy II.	4 days –	30hours	

c) Additional Training to obtain the title "WGI Supervisor"

Attending- internship Phase I. of the Training (BIW, BP,AIW,AP, CW)		210 hours	
Preparation for BP (2 hours/practicum)		16 hours	
Preparation for AP (2 hours/practicum)		16 hours	
Cooperative self-evaluation BP (1 hour/practicum)		8 hours	
Cooperative self-evaluation AP (1 hour/practicum)		8 hours	409 hours
Individual supervision on written examples (9h/yearly/2y)		18 hours	
Dealing with co-verification and recommendation (9h/yearly/2y)		18 hours	
Attending Faculty Training (1 workshop)		15 hours	
Attending Faculty Retreat (20h/yearly/2y)		80 hours	

d) Endorsement at the EIRT Faculty Board 20 hours

Total **1.217 hours**

OUTLINE OF THE TRAINING TOWARD EIRT FACULTY ACREDITATION – Phase II

a) Completed RTP Training program	1.489 hours
b) Obtaining the title Supervisor WGI	409 hours
c) The EIRT Faculty programme - Phase II	
Attending-internship Phase II. of the Training (PTW III/IV , PTPIII/IV ,Dem.)	240 hours
Preparation for PTP III. (2 hours/practicum)	16
Preparation for PTP IV. (2 hours/practicum)	16
Cooperative self-evaluation P III. (1 hour/practicum)	8
Cooperative self-evaluation P IV. (1 hour/practicum)	8 499 hours
Individual supervision on case studies (9h/yearly/2y)	18
Dealing with co-verification and recommendation (9h/yearly/2y)	18
Attending Faculty Training (1 workshop)	15
Attending Faculty Retreat (20h/yearly/2y)	80
Attending Group Supervision Phase II. V. year	60
d) Endorsment at the EIRT Faculty Board	20
Total	2.397 hours

OUTLINE OF THE TRAINING LEADING TO RTP ACCREDITATION

Phase One (RTC)

Organized training

Basic Intensive Training (BIT) – 4 days –	30 hours	} Phase I. 210 hours
Basic practicum – (BP) 8 practicums –	60 hours	
Advanced Intensive Training (AIT) – 4 days –	30 hours	
Advanced practicum – (AP) 8 practicums –	60 hours	
Certification Process (RTC) – 4 days –	30 hours	

Phase Two (PCP)

Organized education and trainings

3.year

Workshop: CT/RT and psychological disorders I.	4 days	- 30hours	} Phase II. 300 – 360 hours
Practicum I. – 4 practicum days		– 30hours	
Workshop: CT/RT and psychological disorders II.	4 days	– 30hours	
Practicum II. – 4 practicum days		– 30hours	

4.year

Workshop: CT/RT and working with groups I.	4 days	– 30hours	} Phase II. 300 – 360 hours
Practicum I. – 4 practicum days		– 30hours	
Workshop: CT/RT and group psychotherapy II.	4 days	– 30hours	
Practicum II. – 4 practicum days		– 30hours	

5.year

Workshop: CT/RT specific content	I. – 4 days	– 30hours	} Phase I+ II. 509 hours
Workshop: CT/RT specific content	II. – 4 days	– 30hours	
Group Supervision:	10 sessions	– 60hours	

Additional activities outside of the organized trainings

Literature; preparation of the presentations	} Phase I+ II. 509 hours
Individual supervision (case studies); peer supervision;	
personal development through CT Focus groups;	
Personal therapy; personal experience (plan for personal change, diary, self-evaluation, portfolio)	

Clinical practice under regular supervision

The practice is the base for candidate's experience from AP on	Phase I + II. 450 hours
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Demonstration of the professional competency (including preparation)

Demonstration of psychotherapeutic competency (Analysis of the case study, discussion)	Phase II. 20 hours
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Proposed total sum of the organized training and education:	510 hours
Proposed total sum of the Additional activities:	509 hours
Total sum of the education without clinical practice:	1039 hours
Clinical practice under supervision:	450 hours
Total sum of training together with the hours of clinical practice	1489 hours