



Evropski inštitut za Realitetno Terapijo
European Institute for Reality Therapy

Koroška cesta 21, 4000 Kranj
T: + 386 4 2368 565
F: + 386 4 2368 564
GSM: + 386 40 635 466
e-mail: EIRT@siol.net
SLOVENIA

Based on Article 39 & 41 of the EIRT Statute, as well as Article 5 of the Book of regulations, criteria and standards for Reality Therapy psychotherapists, according to recommendation of the director, the EIRT Council has adopted the following:

BOOK of REGULATIONS about EIRT FACULTY BOARD ORGANISATION and FUNCTIONING

I. GENERAL PROVISIONS

Article 1

Faculty board of the European Institute for Reality Therapy (in the following text: EIRT FB) is the body that joins Reality Therapy faculty from the members of EART (Slovenia, Croatia, Bosnia and Hercegovina, Finland, Ireland, UK and Malta)

Article 2

This Book of Regulations (in the following text: BoR) of EIRT FB contains regulations regarding organisation and division of tasks among faculty members, as well as professional development of the faculty for every part of training process. It describes the tasks and responsibilities of the faculty, and enables optimal running of the five-year Reality Therapy training as the core business of the European Institute for Reality Therapy (in the following text: EIRT).

Article 3

Organisation of workflow in the EIRT FB arises from the division of tasks and serves a function of ensuring the quality of performance in the Reality Therapy training programme. Organisation and amount of work takes into account criteria and norms set by WGI, EART and EIRT regulations as well as best practice and experience that facilitates training flow.

II. ORGANISATIONAL STRUCTURE

Article 4

Activities of the EIRT FB include care for the quality and performance in the five-year Reality Therapy training. Basic principle for shaping the organisational structure EIRT FB emerges from the division of labour and tasks.

Article 5

EIRT FB is made up of faculty who provide Reality Therapy training working in European countries who associate in order to ensure the common educational standards as well as quality – especially in part of the programme that is aimed at obtaining the title ‘Reality Therapy psychotherapist’.

Article 6

Responsibilities for phase I and phase II of Reality Therapy training are split among national faculty boards. Providing Phase I of the training is responsibility of every respective national faculty board and providing Phase II is responsibility of the EIRT FB. Requisites for this split of responsibilities are intensive cooperation and harmonisation.

Article 7

Tasks of the EIRT FB are:

- plans and programs the Reality Therapy training
- maintains and develops educational standards
- decides upon criteria for advancement
- ensures quality of the training
- develops methods and ways of teaching
- maintains and develops ethical standards
- develops faculty potential
- cares for continuous professional development of the faculty
- proposes faculty members for accreditation to the EIRT Board
- proposes professional literature
- performs other tasks related to Reality Therapy training

Article 8

EIRT FB has an expert leader, elected by the EIRT FB members.

Article 9

Expert leader is appointed for a period of two years, with possibility for reappointment.

Article 10

Tasks of the EIRT FB expert leader:

- appoints professional meetings
- suggests topics for meetings
- leads the meetings
- cares for informing the members
- facilitates connecting and cooperation of the members
- cares for realisation of the decisions of EIRT FB
- reports on the work of the EIRT FB
- on behalf of the EIRT FB proposes faculty members for accreditation to the EIRT Board
- joins meetings of the EIRT Board
- tends to database of the EIRT FB
- joins EART meetings, representing EIRT FB

III. FACULTY MEMBERS OF THE EIRT

Article 11

EIRT faculty member is every individual who completed Specialist faculty programme for Reality Therapy training, who obtained faculty status from the WGI and EIRT and has signed the cooperation statement with EIRT. Engagement of the faculty member in the training process is assigned according to different training phases, faculty titles and accreditations given by the EIRT.

Professional development of EIRT faculty members

Article 12

Professional development of EIRT faculty members is defined in the Regulations of educational standards, criteria for obtaining faculty status and titles of the EIRT.

Continuous professional development (CPD) of the EIRT faculty members

Article 13

All EIRT FB members need to be developing the quality of teaching with obligatory continuous professional development. CPD of the EIRT FB is defined in the Regulations of educational standards, criteria for obtaining faculty status and titles of the EIRT.

Faculty titles

Article 14

Titles EIRT FB members obtain from WGI for working in the Phase I, and from EIRT for working in the Phase II of the Reality Therapy training are:

Supervisor WGI
Instructor WGI
Supervisor for Clinical practice
Teacher of Reality Therapy
Teacher – trainer of Reality Therapy
Therapist for personal experience

Criteria for obtaining the faculty titles

Article 15

In order to take on responsibilities and perform work in the particular training phase faculty members need to meet following conditions:

Conditions to take over responsibilities of Supervisor WGI:

1. Supervisor title granted by WGI, to lead Basic practica
2. Supervisor title granted by WGI , counselling practice and practice in teaching Reality Therapy to lead Advanced practica
3. Continuous professional development in CT and RT

Criteria for taking over responsibilities of the Instructor WGI

1. Title Basic Week Instructor, granted by WGI for leading Basic Intensive Trainings
2. Title Senior Faculty, granted by WGI for leading Advanced Intensive Training
3. Experience in teaching RT and counselling
4. Continuous professional development in CT and RT

Criteria for taking over responsibilities of the Supervisor for Clinical practice

1. Instructor or supervisor title, granted by WGI
2. Title Clinical practice supervisor, granted by the EIRT Board
3. Title Reality Therapy Psychotherapist
4. Ongoing psychotherapy practice
5. Continuous professional development in psychotherapy

Criteria for taking over responsibilities of the Teacher-trainer RT:

1. Title Supervisor or Instructor, granted by WGI
2. Title Teacher-trainer, granted by the EIRT Board
3. Title Reality Therapy Psychotherapist
4. Ongoing psychotherapy practice
5. Continuous professional development in teaching and psychotherapy

Criteria for taking over responsibilities of the Teacher RT:

1. Title Senior Faculty, granted by WGI
2. Title Teacher RT, granted by the EIRT Board
3. Title Reality Therapy Psychotherapist
4. Ongoing psychotherapy practice
5. Continuous professional development in teaching and psychotherapy

Criteria for taking over responsibilities of the Therapist for personal experience:

1. Title Therapist for personal experience, granted by the EIRT Board
2. Title Reality Therapy Psychotherapist
3. Ongoing psychotherapy practice
4. Continuous professional development in psychotherapy

EIRT faculty members' accreditation

Article 16

For purpose of taking on the tasks and responsibilities, according to recommendation of the EIRT FB, if criteria are met, the EIRT Board will grant faculty members accreditation for period of five years. When five-years after accreditation have passed, faculty member will renew his/her accreditation only if he/she is able to provide evidence that all conditions are fulfilled, proving that he/she was following CPD. Accreditation process includes written statement about cooperation with EIRT.

(Statement: Appendix 2)

Tasks and responsibilities of EIRT faculty members

Article 17

Tasks and responsibilities of EIRT FB are:

SUPERVISOR WGI: leads practica in the Phase I of Reality Therapy training.
Supervisor WGI fulfils other tasks according to his/her accreditation.

INSTRUCTOR WGI: Leads seminars in the Phase I of Reality Therapy training.
Instructor WGI fulfils other tasks according to his/her accreditation

SUPERVISOR FOR CLINICAL PRACTICE: leads group supervision sessions in the 5th year of the training, individual and group supervision in case supervision is not offered in participant's workplace or clinical placement. Offers supervision for clinical work to the participants according to their wishes or

requests. The Supervisor can also work as therapist for personal experience, but not with participants he/she supervises or is involved with in some other way during PRT training.

TEACHER – TRAINER RT: Leads Phase II practica and provides supervision of case studies that participants work on during in practica. If he/she fulfils the requirements, Teacher-trainer can work as supervisor or therapist for personal experience (but the latter not with his/her current trainees).

TEACHER RT: Leads seminars in Phase II of RT Training. If he/she fulfils other requirements, can also work as Supervisor or Instructor WGI, trainer, supervisor or therapist for personal experience (but the latter not with his/her current trainees).

THERAPIST FOR PERSONAL EXPERIENCE: Provides personal therapy, which is a requirement within the PRT training programme.

Ethical standards of the EIRT faculty

Article18

Ethical standards of the EIRT faculty are:

Caring

Caring for an EIRT faculty member combines accepting, connecting and interest in participants and their potential. EIRT faculty cares for wellbeing and advancement of the participants basing his/her teaching on connecting with participants and cooperative self-evaluation.

Respect

The point of respect as ethical standard is reflected in faculty member's trust and fairness. EIRT faculty member cares about dignity of the participants their feelings and advancements, thus showing his/her commitment to ideas contained within Choice Theory which he/she teaches.

Trust

Trust as ethical standard combines friendliness, honesty and openness. EIRT faculty member bases his/her relationship with participants, colleagues and professional community on the trust.

Integrity

EIRT faculty member's integrity shows through reliability, commitment, upholding the ethical standards and responsibility. Continuous self-evaluation helps development of integrity.

IV. TRANSITIONAL PROVISIONS

Article 18

Harmonisation of the titles and tasks as well as responsibilities of the EIRT FB members according to this BoR starts with the day this BoR has been adopted.

Article 19

EIRT Council is obliged to offer the agreement about cooperation with EIRT for every calendar year. Faculty members who want to work in training have to sign the agreement within 30 days.

Article 20

EIRT FB members pay a yearly fee for participation in EIRT FB. EIRT Board decides about amount of yearly fee.

V. FINAL PROVISIONS

Article 21

This BoR is kept in the EIRT's act(s) record. The record contains all amendments to this BoR, Agreement about cooperation with EIRT, decree about number of faculty members who are active in the EIRT FB in the given timeframe. Record is kept by the leader of EIRT FB.

Article 22

EIRT keeps database that contains personal data and professional CV's of all EIRT FB members.

Article 23

EIRT publishes faculty lists from three countries where participants choose their teachers-trainers, supervisors for clinical practice, and therapists for personal experience.

Article 24

This BoR will be published on the EIRT website.

EIRT Council President :
Barbara Krnc, v.r.

Appendix 1

AGREEMENT

For member of EIRT Faculty Board

I, the undersigned _____, born on _____,
(Name and surname) (day, month, year)

with address: _____
(Town, post-code, street, house number)

I'm stating that I am familiar with following EIRT documents:

- . Book of regulations about organisation and work of the Faculty board of the European institute for Reality Therapy
- . Regulations of educational standards, criteria for obtaining faculty status and titles of the EIRT
- . Regulations about educational standards and criteria for obtaining PRT title
- . Regulations EIRT about appeals procedure for training participants
- . Code of ethics EIRT
- . Statute EIRT

I'm stating that I accept the whole of these documents, and responsibilities that are stated within.

Place and date:

Signature:
