



European Institute for **Reality Therapy**
Evropski Inštitut za **Realitetno Terapijo**

PORTFOLIO

Participant's personal data

Name and surname

Year of enrolment:

PARTICIPANT'S PERSONAL DATA

Name in surname:

Address:

Phone:

Mobile phone:

Email:

CONTENT

1. PHASE ONE OF REALITY THERAPY TRAINING

1.1 First year of training

Received literature

Exercises

Notes from seminars and practica

Essays and supervisors feedback

Written examples and supervisors feedback

Action plan

Notes on personal development

Intervision (peer group work) notes

Summaries or main points of lectures

Self-evaluation

Recommendation to continue training

1.2 Second year of training

Received literature

Exercises

Notes from seminars and practica

Essays and supervisors feedback

Case studies and supervisors feedback

Action plan
Notes on personal development
Intervision (peer group work) notes
Summaries or main points of lectures
Self-evaluation
Recommendation to continue training

1.3 Conclusion of Phase one of training

Summary of the Certificate week
Feedback on the Certificate week
Notes

2. PHASE TWO OF REALITY THERAPY TRAINING

2.1 Third year of training

Received literature
Exercises
Notes from seminars
Self-evaluation for initial consultation
Recommendation to continue the programme of psychotherapy training
Notes from practica
Written examples and supervisors feedback
Action plan
Notes on personal development
Intervision (peer group work) notes
Summaries or main points of lectures
Self-evaluation
Recommendation to continue training

2.2 Fourth year of training

Received literature
Exercises
Notes from seminars
Notes from practica
Written examples and supervisors feedback
Action plan
Notes on personal development
Intervision (peer group work) notes
Summaries or main points of lectures
Self-evaluation
Recommendation to continue training

2.3 Fifth year of education

Received literature

Notes from seminars

Supervision cases

Notes from supervision

Intervision (peer group work) notes

Notes on personal development

Self-evaluation

Recommendation to continue training

2.4 Final demonstration of psychotherapeutic competency

Final thesis

3. LITERATURE

List of recommended literature

4. ATTENDANCE AT PROFESSIONAL MEETINGS

5. OTHER NOTES

6. CERTIFICATES

1. PHASE ONE OF REALITY THERAPY TRAINING

1.1 First year of training

Dates and location of Basic intensive training

WGI instructors at Basic intensive training:

Dates and location of Basic practica

WGI supervisors at Basic practica:

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Received literature

Exercises

Notes from seminars and practica

Essays and supervisors feedback

Written examples and supervisors feedback

Action plan

Notes on personal development

Intervision (peer group work) notes

Summaries or main points of lectures

Self-evaluation

Recommendation to continue training

1.2 Second year of training

Dates and location of Advanced intensive training

WGI instructors at Advanced intensive training:

Dates and location of Advanced practica

WGI supervisors at Advanced practica:

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Received literature

Exercises

Notes from seminars and practica

Essays and supervisors feedback

Case studies and supervisors feedback

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Notes on personal development

Intervision (peer group work) notes

Summaries or main points of lectures

Self-evaluation

Recommendation to continue training

1.3 Conclusion of Phase one of training

Date and location of Certificate week

WGI instructors at Certificate week:

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Summary of the Certificate week

Feedback on Certificate week

Notes

2. PHASE TWO OF REALITY THERAPY TRAINING

2.1 Third year of training

Dates and location of PCP I., seminar I., II.:

EIRT teachers at PCP I., seminar I., II.:

Dates and location of practica:

EIRT teachers - trainers at practica

EIRT supervisor for clinical practice:

Therapist for personal experience:

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Received literature

Exercises

Notes from seminars

Self-evaluation for initial consultation

*Recommendation to continue the
programme of psychotherapy training*

Notes from practica

Written examples and supervisors feedback

Action plan

Notes on personal development

Intervision (peer group work) notes

Summaries or main points of lectures

Self-evaluation

Recommendation to continue training

2.2 Fourth year of training

Dates and location of PCP II., seminar I., II.:

EIRT teachers at PCP II., seminar I., II.:

Dates and location of practica:

EIRT teachers - trainers at practica

EIRT supervisor for clinical practice:

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Received literature

Exercises

Notes from seminars

Notes from practica

Written examples and supervisors feedback

Action plan

Notes on personal development

Intervision (peer group work) notes

Summaries or main points of lectures

Self-evaluation

Recommendation to continue training

2.3 Fifth year of training

Dates and location of PCP III., seminar I., II.:

EIRT teachers at PCP III., seminar I., II.:

Dates and location of group supervision (10):

EIRT supervisors at group supervision

EIRT supervisor for clinical practice:

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Received literature

Notes from seminars

Supervision cases

Notes from supervision

Intervision (peer group work) notes

Notes on personal development

Self-evaluation

Recommendation to continue

2.4 Final demonstration of psychotherapeutic competency

Date and location:

Demonstration panel

EIRT teacher :

EIRT teacher

Panel member who is not a member of EIRT:

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Final thesis

Attendance at professional meetings

Other notes

Certificates
