



BOOK of REGULATIONS about EIRT FACULTY BOARD ORGANISATION and FUNCTIONING

I. GENERAL PROVISIONS

Article 1

Faculty board of the European Institute for Reality Therapy (in the following text: EIRT FB) is the body that joins Reality Therapy faculty from European countries that perform EART training programmes.

Article 2

This Book of Regulations (in the following text: BoR) of EIRT FB contains regulations regarding internal organisation of EIRT FB, division of tasks among faculty members, as well as professional development of the faculty for every part of training process. It describes the tasks and responsibilities of the faculty, and enables optimal running of the five-year Reality Therapy training for obtaining the title of Reality Therapy Psychotherapist as the core business of the European Institute for Reality Therapy (in the following text: EIRT) and other education programmes of EIRT.

Article 3

Organisation of workflow in the EIRT FB arises from the division of tasks and serves a function of ensuring the quality of performance in the Reality Therapy training programme. Organisation and amount of work takes into account criteria and norms set by EART, EIRT, and WGI regulations as well as best practice and experience that facilitates training flow.

II. ORGANISATIONAL STRUCTURE

Article 4

Activities of the EIRT FB include care for the development, quality and performance in the five-year Reality Therapy training for obtaining the title of

Reality Therapy Psychotherapist and other education programmes. The basic principle for shaping the organisational structure EIRT FB emerges from the division of labour and tasks according to the core business of EIRT.

Article 5

EIRT FB is made up of faculty who provide Reality Therapy training in Slovenia, Croatia, Bosna and Herzegovina, Finland, and Malta and who associate in order to ensure the common educational standards as well as quality – especially in part of the programme that is aimed at obtaining the title 'Reality Therapy psychotherapist'.

Article 6

The promotion and organization for Phase I and Phase II of Reality Therapy training for obtaining the title of Reality Therapy Psychotherapist (RTP) and for obtaining the title of Reality Therapy Counsellor (RTC) are split among the EIRT and national organization in each individual country. EIRT shall sign an agreement with each national organization for organizing Phase I of the training. Providing Phase II is responsibility of the EIRT. Requisites for this split of responsibilities are intensive cooperation and harmonisation. Insuring quality and professional execution of programmes is the responsibility of EIRT FB.

Article 7

Tasks of the EIRT FB are:

- planning and organizing the Reality Therapy training
- maintaining and developing educational standards
- deciding upon criteria for advancement
- ensuring quality of the training
- developing methods and ways of teaching
- maintaining and developing ethical standards
- developing faculty potential
- caring for continuous professional development of the faculty
- proposing faculty members for accreditation to the EIRT Board
- proposing professional literature
- performing other tasks related to educational programmes

Article 8

EIRT FB has an Expert leader, elected by the EIRT FB members.

Article 9

Expert leader is appointed for a period of two years, with possibility for reappointment.

Article 10

Tasks of the EIRT FB expert leader:

- appointing professional meetings
- suggesting the topics for meetings
- leading the meetings
- caring for the process of informing the members
- facilitating connection and cooperation of the members
- caring for realisation of the decisions of EIRT FB
- reporting on the work of the EIRT FB
- joining the meetings of the EIRT Expert Council
- caring for database of the EIRT FB
- joining EART meetings and representing EIRT FB in EAP and WGI

III. FACULTY MEMBERS OF THE EIRT

Article 11

EIRT faculty member is every individual who completed Specialist programme for obtaining the title of EIRT faculty, who obtained faculty status from EIRT FB and has signed the statement on participating in EIRT FB.

Engagement of the faculty member in the training process is assigned according to different training phases, faculty titles and accreditations given by the EIRT FB.

Professional development of EIRT faculty members

Article 12

Professional development of EIRT faculty members is defined in the EIRT Book of Regulations for RT Faculty Training.

Continuous professional development (CPD) of the EIRT faculty members

Article 13

All EIRT FB members need to be developing the quality of teaching with obligatory continuous professional development. CPD of the EIRT FB is defined in the EIRT Book of Regulations for RT Faculty Training.

For that purpose, EIRT FB organizes a minimum of two meetings per year where all EIRT FB members meet with the intent of professional development, exchange of experiences and harmonisation.

Faculty titles

Article 14

Titles EIRT FB members awarded by the EIRT Expert Council are:

Supervisor
Instructor
Senior Instructor
Teacher of Reality Therapy
Teacher – trainer of Reality Therapy
Supervisor for Clinical practice
Therapist for personal experience

Criteria for obtaining the faculty titles

Article 15

In order to take on responsibilities and perform work in the particular training phase, faculty members need to meet the following conditions:

Criteria for taking on responsibilities and performing work in the training for obtaining the title of RTP and the training for obtaining the title of RTC:

Phase I.

Conditions to take over responsibilities of the Supervisor:

1. Completed Specialist programme for obtaining the title of EIRT faculty
2. Supervisor title
3. RTP title
4. Ongoing psychotherapeutic practice
5. Continuous professional development in teaching CT and RT

Criteria for taking over responsibilities of the Instructor:

1. Instructor title
2. RTP title

3. Ongoing psychotherapeutic practice
4. Continuous professional development in teaching CT and RT

Criteria for taking over responsibilities of the Senior Instructor:

1. Senior Instructor title
2. RTP title
3. Ongoing psychotherapeutic practice
4. Continuous professional development in teaching CT and RT

Phase II.

Criteria for taking over responsibilities of the Teacher RT:

1. Senior Instructor title
2. RTP title
3. RT Faculty title
4. Ongoing psychotherapeutic practice
5. Continuous professional development in teaching CT and RT and in psychotherapy

Criteria for taking over responsibilities of the Teacher-trainer RT:

1. Supervisor or Instructor title
2. RTP title
3. Teacher-trainer RT title
4. Ongoing psychotherapeutic practice
5. Continuous professional development in teaching CT and RT and in psychotherapy

Criteria for taking over responsibilities of the Supervisor for Clinical practice:

1. Instructor or Supervisor title
2. RTP title
3. Supervisor for Clinical practice title
4. Ongoing psychotherapeutic practice
5. Continuous professional development in psychotherapy

Criteria for taking over responsibilities of the Therapist for personal experience:

1. Instructor or Supervisor title
2. RTP title
3. Therapist for personal experience title
4. Ongoing psychotherapeutic practice
5. Continuous professional development in psychotherapy

Criteria for taking over responsibilities of the teacher in other educational programmes:

1. Completed Specialist programme for obtaining the title of EIRT faculty
2. Instructor or Supervisor or Teacher RT or Teacher-trainer RT title

3. Ongoing psychotherapeutic / counselling or teaching or management practice, depending on the programme
4. Continuous professional development in teaching CT and RT

EIRT faculty members' accreditation

Article 16

For purpose of taking on the tasks and responsibilities, the EIRT FB will grant faculty members accreditation for period of seven years. When seven-years after accreditation have passed, faculty member will renew his/her accreditation only if s/he is able to provide evidence that all conditions are fulfilled, proving that s/he was following CPD. Accreditation process includes written statement about cooperation with EIRT FB. (Appendix 2: Statement on participating in EIRT FB)

Tasks and responsibilities of EIRT faculty members

Article 17

Tasks and responsibilities of EIRT FB are:

SUPERVISOR: leads practica in the Phase I of Reality Therapy training for obtaining the title of Reality Therapy Psychotherapist (RTP) and for obtaining the title of Reality Therapy Counsellor (RTC) and can take on the tasks and responsibilities of other educational programmes. Supervisor fulfils other tasks according to his/her accreditation.

INSTRUCTOR: leads seminars in the Phase I of Reality Therapy training for obtaining the title of Reality Therapy Psychotherapist (RTP) and for obtaining the title of Reality Therapy Counsellor (RTC) and can take on the tasks and responsibilities of other educational programmes. Instructor fulfils other tasks according to his/her accreditation

TEACHER RT: leads seminars in Phase II of RT training and can take on the tasks and responsibilities of Instructor and supervisor, teacher – trainer, supervisor for clinical practice and therapist for personal experience (but the latter not with his/her current trainees). S/he can also take on the tasks and responsibilities of other educational programmes and can fulfil other tasks according to his/her accreditation.

TEACHER – TRAINER RT: leads Phase II practica of RT training and provides supervision of case studies that participants work on during the practica. Teacher-trainer RT can work as supervisor or therapist for personal experience (but the latter not with his/her current trainees) and can take on the tasks and

responsibilities of other educational programmes as well as fulfils other tasks according to his/her accreditation.

SUPERVISOR FOR CLINICAL PRACTICE: leads group supervision sessions in the 5th year of the training, individual and group supervision in case supervision is not offered in participant's workplace or clinical placement. S/he offers supervision for clinical work to the participants according to their wishes or requests. The Supervisor can also work as therapist for personal experience, but not with participants s/he supervises or is involved with in some other way during PRT training.

THERAPIST FOR PERSONAL EXPERIENCE: Provides personal therapy, which is a requirement within the PRT training programme. S/he can take on the tasks and responsibilities of other educational programmes as well as fulfils other tasks according to his/her accreditation.

Ethical standards of the EIRT faculty

Article18

Ethical standards of the EIRT faculty are:

Caring

Caring combines accepting, connecting and interest of an EIRT faculty in participants and their potential. EIRT faculty cares for wellbeing and advancement of the participants basing his/her teaching on connecting with participants and cooperative self-evaluation.

Respect

The point of respect as ethical standard is reflected in faculty member's trust and fairness. EIRT faculty member cares about the dignity of the participants, their feelings and advancements, thus showing his/her commitment to ideas contained within Choice Theory which s/he teaches.

Trust

Trust as ethical standard combines friendliness, honesty and openness. EIRT faculty bases his/her relationship with participants, colleagues and professional community on the trust.

Integrity

EIRT faculty member's integrity shows through reliability, commitment, upholding the ethical standards and responsibility. Continuous self-evaluation helps the development of his/her integrity.

IV. TRANSITIONAL PROVISIONS

Article 19

Any changes to this BoR are harmonised within the EIRT FB. This BoR shall enter into force on the day of its adoption.

Article 20

EIRT Director is obliged to offer the statement on participating in EIRT FB for every calendar year. Faculty members who want to work in training have to sign the statement within 30 days.

Article 21

EIRT FB members pay a yearly fee for participation in EIRT FB. EIRT Expert Council decides about the amount of yearly fee.

V. FINAL PROVISIONS

Article 22

This BoR is kept in the EIRT's act(s) record. The record contains all amendments to this BoR, statement on participating in EIRT FB, and the decree about the number of faculty members who are active in the EIRT FB in the given timeframe. Expert leader of EIRT FB keeps this record.

Article 23

EIRT keeps database that contains personal data and professional CV's of all members of EIRT FB.

Article 24

EIRT publishes faculty lists from all countries where participants choose their supervisors for clinical practice and therapists for personal experience.

Article 25

This BoR will be published on the EIRT website.

In Kranj, February 19th 2018

President of the EIRT Expert Council
Janez Planinc, m.p.



Evropski inštitut za Realitetno Terapijo
European Institute for Reality Therapy

Koroška cesta 21, 4000 Kranj
T: + 386 4 2368 565
F: + 386 4 2368 564
GSM: + 386 40 635 466
e-mail: irt@siol.net
SLOVENIA

Appendix: EIRT-2 form

STATEMENT

on participation in EIRT Faculty Board

I, the undersigned _____, born _____,
(name and surname) (day, month, year)

residing in/on _____
(street name, house number, postal code, city)

am familiar with the provisions of the following acts:

- The EIRT BoR for Faculty Board Organisation and Functioning
- The EIRT BoR for Training Standards and Conditions for Obtaining the RT Faculty Titles in RT Training
- EIRT BoR for Training Standards and Conditions for Obtaining the Title of Reality Therapy Psychotherapist
- EIRT BoR for Training Standards and Conditions for Obtaining the Title of Reality Therapy Counsellor
- EIRT Complaints and Appeals Procedures
- EIRT Code of Ethics
- EIRT Statute

I hereby declare that I accept the conditions of the training and ethical standards.

Place and date:

Signature: